



Monsoons Lunch Menu

Daily Choices:

Pizza

Chicken Sandwich

Non Fat Milk or 1% Milk

High School Salad

Specials:

Mon, Wed, Fri
Chef Salad

Tues, Thurs
Caesar Salad

Sandwich Specials:

Includes Sun Chips

Monday

Ham & Cheese Sandwich

Tuesday

Italian Sandwich

Wednesday

Meatball Sub

Thursday

Ham & Cheese Sandwich

Friday

Turkey & Cheese Sandwich

Menu Subject to change without notice.



			1	2
			CHILE VERDE TAMALES Spanish Rice Hot Corn Zesty Jicama Fruit	CHEESEBURGER Sweet Potato Fries Lettuce, Tomato, Fruit
5	6	7	8	9
RIB-B-QUE SANDWICH Green Beans Carrot Sticks Fruit	CHICKEN NUGGETS Dinner Roll Steamed Carrots Celery Sticks Fruit	TURKEY & GRAVY Bread Stick Mashed Potatoes Garden Salad Fruit	PORK CARNITAS TACOS Pinto Beans Fresh Salsa Fruit	CHILI CHEESE FRIES Corn Bread Baked Fries Cool Cucumbers Fruit, Brownie
12	13	14	15	16
BREADED BEEF PATTY Filete de Res Empanizado Mashed Potatoes Steamed Carrots Bread Stick, Fruit	BEEFY MACARONI Macarron con Carne Bread Stick Hot Corn Celery Sticks, Cheese Stick, Fruit	CHICKEN TACO NACHOS Pinto Beans Fresh Salsa Fruit	GRILLED CHEESE SANDWICH Spinach Salad Carrot Sticks Fruit	CRUNCHY CHICKEN WRAP Lettuce, Tomato Celery Sticks Fruit, Cookie
19	20	21	22	23
CHEESE QUESADILLA Pinto Beans Celery Sticks Fruit	SPAGHETTI w/Meat Sauce Bread Stick Garden Salad Carrot Sticks, Cheese Stick Fruit	CHEESY NACHOS Tortilla Chips Refried Beans Zesty Jicama Fruit	CHEESEBURGER Sweet Potato Fries Zucchini Sticks Fruit	FISH & CHIPS Baked Fries Cabbage Coleslaw Fruit, Brownie
26	27	28	29	30
CHICKEN NUGGETS Dinner Roll Steamed Carrots Celery Sticks Fruit	Beef Taco Nachos Pinto Beans Fresh Salsa Fruit	BRUNCH FOR LUNCH Pork Sausage Sandwich Hash Brown Celery Sticks Fruit and Juice	BEEF TERIYAKI Steamed Rice Broccoli Zesty Jicama Fruit	CHILE VERDE PORK Garden Salad Fresh Salsa Fruit, Brownie