

2017-2018

BUSD- Craig Williams Elementary

BREAKFAST



School Information:

Option: Cereal with String Cheese



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Pan Dulce

Wednesday

PB& Grape
Uncrustable

Thursday

Breakfast Muffin

Friday

Crumb Coffee Cake

WW Bagel
1oz Cream Cheese

Pan Dulce

PB& Grape
Uncrustable

Breakfast Muffin

Crumb Coffee Cake

WW Bagel
1oz Cream Cheese

Pan Dulce

PB& Grape
Uncrustable

Breakfast Muffin

Crumb Coffee Cake

WW Bagel
1oz Cream Cheese

Pan Dulce

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